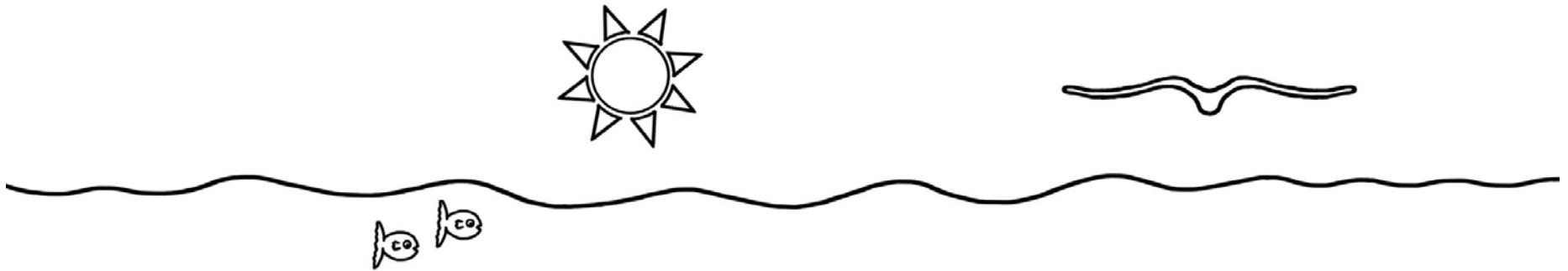


How can we help protect the ocean?



Be ocean conscious!

- Visit the beach, explore the ocean and discover all the amazing animals that depend on clean water and air to survive.
- Buy and eat only sustainable fish and sea food. Ask about it at restaurants.
- 'Reduce, reuse, recycle' to cut down on wasted plastic and garbage.
- Pick up litter (especially plastic bags)—beach trash can injure or kill marine animals.
- Purchase natural, organic & biodegradable products that don't harm the environment.
- Never pour oils or pollutants in storm drains.
- Cut carbon! Walk or ride a bike instead of using a car—it's good for both you and the ocean.

Get involved!

- Learn more about the ocean and its beautiful, interesting and vital inhabitants.
- Educate others—all humans rely on the ocean for survival!
- Be aware of changes in the community that could cause damage to the ocean and speak out.
- Write your senator and state representatives to encourage them to protect the ocean, even if you don't live near the coast.

Remember, we have always needed the ocean... now the ocean needs us!